

## Section C Nervous System

Muscle spasms in hands or feet	1	2	3	4
Difficulty sleeping	1	2	3	4
Irritability, or being easily provoked	1	2	3	4
Feeling restless, or agitated	1	2	3	4
Small muscle twitching around your eyes, facial muscles	1	2	3	4
Small muscle twitching anywhere else in your body	1	2	3	4
Convulsions	1	2	3	4
Experience long or intense periods of stress	1	2	3	4
Shakiness or tremor in your hands	1	2	3	4
Muscle cramps	1	2	3	4
Chronic lack of interest, indifference, or apathy	1	2	3	4
Poor memory	1	2	3	4
Experience physical or mental fatigue	1	2	3	4
Loss of concentration	1	2	3	4
Anxiety	1	2	3	4
Mood swings	1	2	3	4
Depression for no apparent reason	1	2	3	4
Feelings of disorientation as to time or place	1	2	3	4
Experience emotional stress	1	2	3	4
Feelings that people are against you	1	2	3	4
Cold hands or feet	1	2	3	4
Numbness in face, hands, or feet	1	2	3	4
Experience tingling or 'pins and needles' anywhere in your body	1	2	3	4
<b>Score for Section D</b>				

1 = Almost never    2 = Sometimes    3 = Fairly often    4 = Very often